

Biographical Profile of *R. Leo Sprinkle, Ph.D.*

This legendary pioneer of UFO contactee research and reincarnation finally tells his personal story and shares his extensive knowledge. In his book *Soul Samples*, Dr. R. Leo Sprinkle presents information gathered from hundreds of hypnosis clients and participants in psychological studies.

He began his career in psychology with the idea of being a conventional, practicing “scientist” in the traditional sense. However, two close encounters with UFOs shattered Dr. Sprinkle’s conventional reality and shifted his direction in life. After the second incident experienced with his wife, he knew that he had to investigate the UFO phenomena, and that it would be a lonely task.

Dr. Sprinkle began his investigations from the conventional viewpoint, but found he was unable to make further progress until he became aware of—and accepted—the psychical aspects of UFO phenomena. He became more and more skeptical—ironically not of the reality of “flying saucers,” but of the concept of “reality” as defined and developed by the current scientific community.

As a pioneer in the UFO field, Dr. Sprinkle was in the limelight early on and participated in many regional and national television programs, including ABC-TV (*That’s Incredible*) and NBC-TV (*Tom Snyder, Tomorrow Show*) and NBC’s *UFOs: Fact or Fantasy*. He has appeared on many panels with scientists such as J. Allen Hynek and Carl Sagan. Ruth Montgomery included a chapter on Sprinkle’s activities in her 1985 book, *Aliens Among Us*. He has been invited to speak at several international conferences and numerous other meetings and conferences.

With his pioneering view of the role contactees played within the UFO/ET phenomena, he started the first UFO Investigation Conference for “contactees” held on the campus of the University of Wyoming.

Dr. Sprinkle received his Ph.D. in Counseling Psychology from the University of Missouri in 1961. He completed his BA & MPS at the University of Colorado in 1952 and 1956 respectively. Dr. Sprinkle was a Professor of Counseling Services at the University of Wyoming and for the last 13 years of his career he served as the Director of Counseling Services. Currently, he is Professor Emeritus of Counseling Services at the University of Wyoming and a Counseling Psychologist in Laramie, Wyoming. He is nationally certified and licensed and a Registrant of Counsel for the National Register of Health Service Providers.

Additionally Dr. Sprinkle is a member of several Professional Organizations, including the American Association for the Advancement of Science, the American Association for Counseling, and the Association for Past-Life Research and Therapies.

His publications include several encyclopedia entries, a half dozen book chapters, and approximately 50 published articles on the following topics: counseling theory and practice; ESP; hypnosis; reincarnation; and UFO research. Some of his articles include:

Personal Characteristics of UFO Witnesses, University of Wyoming, 1986

Hypnotic and Psychic Implications in the Investigation of UFO Reports. With C.E. Lorenzen and J. Lorenzen, *Encounters with UFO Occupants*, New York: Berkley Press.

What are the Implications of UFO Experiences? Journal for UFO Studies, 1, No. 1.

Dr Sprinkle and his family have developed and marketed a booklet and videotape on self hypnosis procedures: *Trance Forming Yourself*.