

The “key” to the UFO puzzle is not what we shall discover about ETs, but what we are discovering about humanity.

SOUL SAMPLES

*Personal Explorations In Reincarnation
and UFO Experiences*

R. Leo Sprinkle, Ph.D.

Long before it was popular to explore the extraterrestrial presence, Dr. R. Leo Sprinkle was quietly, professionally, and sensitively working on the great mystery of the UFO phenomenon. UFO investigator Keith Thompson encapsulated Dr. Sprinkle’s efforts by saying, “when other investigators were chasing lights in the sky and gathering *soil* samples, you [Leo] were helping UFO experiencers and gathering *soul* samples!” Thus **SOUL SAMPLES** was born. With his psychological training and natural, metaphysical gifts, Sprinkle provides conclusions and insights that few others can, and shows the link between UFO/ET activities and the process of reincarnation.

In the limelight early on, Dr. Sprinkle participated in an NBC-TV program called *UFOs: Fact or Fantasy?* in 1966 featuring a panel of six experts. In subsequent years he found himself on panels along with esteemed scientists such as Carl Sagan. One of these panels was interviewing Betty & Barney Hill about their UFO encounter. He found himself in the dilemma of wanting to be respected by the *experts*, but *resonating* to the *feelings* of the Hills. He was becoming respected by fellow investigators, but was advised to keep quiet about his own experiences if he wanted to retain his credibility. He knew that credibility was important to any authoritative person, but also knew that integrity is important to mental health. Which is more important he asked—credibility or integrity?

Sprinkle brings nearly 40 years of research, study and investigation on the aspects of UFO activity and its relationship to people through a psychological, psychical and spiritual perspective. True to his profession, he divides the book into sections using Carl Jung’s Model of Four Psychological Functions. Part One emphasizes Sprinkle’s *sensing* of UFO experiences. Part Two the *intuiting* of Possible Other Lives, Part Three his *thinking* about some studies of UFO experiences and Possible Other Lives and Part Four emphasizes *feelings* (and his conclusions) about a possible synthesis of reincarnation and UFO activity based on his research.

Part I — presents Sprinkle’s personal development, including momentous events that led to his special traits and the double duty of being both a UFO experiencer and a UFO researcher. His UFO experience with a friend in college blasted apart his rigid philosophy of science and his dogmatic notions of reality. Until then, he *knew* only “kooks” saw flying saucers, but he also knew they weren’t “kooks.” This event shattered his view of reality, and his confidence in Western Science “was gone.”

Part II — explores Sprinkle’s “intuiting” of hypnosis, ESP, and reincarnation. Despite his own internal resistance to paranormal phenomena and the fact that using these new techniques with clients was not approved by conventional science and mainstream professional training, Sprinkle continued to be drawn to those techniques that helped his clients.

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Part III — emphasizes his “thinking” about his own early studies that showed his willingness to investigate what was interesting to him personally, to test hypotheses about the phenomena that he was investigating, to make personal decisions on the basis of his interpretations of the findings and to stand on his own if these studies go against established practices. In 1980, he again stood on his own and started the first Rocky Mountain Conference on UFO Investigation—a conference for the *contactee*. Part III also reveals information from several *contactees* and their viewpoints on UFO activity.

Part IV — presents his “feelings” about connections of these paranormal phenomena providing models about personal, interpersonal and transpersonal patterns of human behaviors. He also presents guidelines for the psychical analysis of UFO experiences. He argues that—to some degree—we can choose, individually and collectively what our response to the scary stimulus of UFO activity will be.

Conclusion — Sprinkle believes that the significance of reincarnation and UFO activity is that humanity is evolving from planetary persons to cosmic citizens! He briefly covers the implications of contact with ETs, such as national, international and planetary implications as well as religious, astrological and scientific implications. He believes that the general public is already being prepared for the “shock” of an official announcement. However, in his opinion, the biggest implication might be the willingness of scientists and the general public to explore the conditions of spirit attachment and spirit releasement.

The remaining section of SOUL SAMPLES provides readers with the results of research studies about psychosocial characteristics of UFO experiencers, participants in reincarnation workshops, and clients who seek “life readings” (channeled information about lessons from possible other lifetimes and the significance of these).

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Author Bio: This legendary pioneer of UFO *contactee* research and reincarnation finally tells his story and shares his extensive knowledge. Dr. R. Leo. Sprinkle began his career in psychology with the idea of being a conventional, practicing “scientist” in the traditional sense. However, two close encounters with UFOs shattered his conventional reality and shifted his direction in life. Dr. Sprinkle began his investigations from the traditional viewpoint, but found he was unable to make further progress until he became aware of—and accepted—the psychical aspects of UFO phenomena. He became more and more skeptical—ironically not of the reality of “flying saucers,” but of the concept of “reality” as defined and developed by the current scientific community.

Dr. Sprinkle was in the limelight early on and participated in many regional and national television programs, including ABC-TV (That’s Incredible) and NBC-TV (Tom Snyder, Tomorrow Show) and NBC’s UFOs: Fact or Fantasy. He has appeared on many panels with scientists such as J. Allen Hynek and Carl Sagan. He was the first person to start the UFO Investigation Conference for *contactees*. He has been invited to speak at several international conferences and numerous other meetings and conferences.

Dr. R. Leo Sprinkle received his Ph.D. in Counseling Psychology from the University of Missouri in 1961. Currently, he is Professor Emeritus of Counseling Services at the University of Wyoming and a Counseling Psychologist in Laramie, Wyoming. He is nationally certified and licensed and a Registrant of Counsel for the National Register of Health Service Providers.

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